

Healthy Rewards – Frequently Asked Questions (FAQs)

What is Healthy Rewards?

Healthy Rewards is a fitness reimbursement program that rewards members for participating in physical activity.

Why is Physical Activity Important for My Health?

Regular physical activity is one of the most important things you can do for your health. Physical activity or exercise can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Physical activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life.

Who is Eligible?

Employees who are enrolled in the Engaged Plan powered by Geisinger are eligible to participate in the program.

How Do I Earn My Reward?

There are two ways to earn rewards. Participants can earn money towards their monthly fitness facility membership by exercising 120 times in a calendar year or towards race registration fees.

How Much Can I Earn?

LifeCenter members can earn up to \$200/calendar year. Non LifeCenter members can earn up to \$100/calendar year.

How Do I Enroll in the Program?

It's easy!

LifeCenter Members:

Visit the LifeCenter front desk to speak with the member services team. Once enrolled, the LifeCenter will submit your fitness activity to Geisinger Health Plan and you will receive a \$16.67 reward check for each month you exercise 10 times or more. You can also submit race registration fees through the LifeCenter.

Non LifeCenter members:

Visit myatlanticare.org or geisinger.org/atlanticare to download the reimbursement form. Once the form is completed, fax or mail the form and required documentation to the contact information listed on the form.

When Will I Receive My Reward?

Please leave 4-6 weeks for processing your reimbursement upon submission. Reimbursement may take longer if the form is incomplete.

I Would Like to Submit a Race Registration Fee. How Do I Do This?

AtlantiCare LifeCenter members can submit the payment receipt and race results to the LifeCenter member services team. Non LifeCenter members can include the payment receipt and race results on the fitness reimbursement form.

What is Not Included?

Exclusions include gymnastics centers, country clubs, pool-only centers, sports teams and leagues, social clubs and tennis clubs, sports coaches, supplements, weight loss/meal replacement programs or the purchase/use of personal or at-home exercise machines. Service charges, processing fees, swag (eg, t-shirts), supplies, and travel fees are not eligible for race registration reimbursement.

Who Can I Contact for More Information?

Please contact Health Engagement at 609-677-7507 or wellness@atlanticare.org