



2022 FARM FRESH PROGRAM

AtlantiCare and Summerwind Farms LLC invite you to participate in the 2022 Farm Fresh Program.

- Create your custom program with 4 available options.
- Support local farmers and small businesses.
- Incorporate fresh, healthy produce and products into your meals.

MAKE YOUR OWN FRUIT SMOOTHIE SHARE

Fresh fruits paired with greens, veggies and or seeds to create 6 or more smoothies. Recipes included. **Add your own refrigerated items such as milk and sweeteners if desired.*

- \$165
- 1 bag bi-weekly for 6 deliveries
- Makes 6 or more smoothies per bag

**Payroll
Deduction
Available!**

VEGGIE SHARE

Enjoy seasonal, Jersey Fresh produce such as tomatoes, corn, cucumbers, squash, eggplant, sweet/hot peppers, lettuces, potatoes and more!

- \$165
- 1 bag bi-weekly for 6 deliveries

JERSEY FRESH SPECIALTY SHARE

This monthly bag will feature local specialty items such as such as honey, tomato sauce, artisan vinegar, fruit jams/ jellies, cider, salsa, hot sauce and more!

- \$90
- 1 bag once a month for 3 deliveries

FLOWERS

Jerseys finest hand picked seasonal flowers

- \$90
- Freshbouquet bi-weekly for 6 deliveries



DROP OFF LOCATIONS

- Mainland
- City
- Airport Commerce Center
- AtlantiCare LifeCenter

DELIVERY SCHEDULE

7/6 Fruit, Veggies, Specialty,
Flowers

7/20 Fruit, Veggies, Flowers

8/3 Fruit, Veggies, Specialty,
Flowers

8/17 Fruit, Veggies, Flowers

8/31 Fruit, Veggies, Specialty, Flowers

9/14 Fruit, Veggies, Flowers

HOW TO REGISTER

Visit <https://myatlanticare.org> or click [here](#) and complete the Farm Fresh Registration form. Payroll deduction available!

Deadline: 5/4/2022

Questions?

Contact AtlantiCare Health Engagement
609-677-7507
wellness@atlanticare.org