AtlantiCare in Action FAQ's

What is AtlantiCare in Action?

AtlantiCare in Action is an opportunity for AtlantiCare employees to use Fitbit devices to participate in friendly competition, get inspired and inspire others with the goal of getting and staying active.

Why should I participate?

Participation in AtlantiCare in Action offers a fun way to build camaraderie and improve your health while challenging yourself to keep pace with your coworkers or simply challenge yourself! Random prizes will be awarded throughout the program.

How do I join?

Simply email wellness@AtlantiCare.org to receive instructions on joining the AtlantiCare in Action Fitbit community.

I already have a Fitbit, can I participate?

Yes! Email wellness@AtlantiCare.org with the email address you used to register your FitBit and you will receive an invitation to join the group.

Are there Wellness Credits awarded for participation?

Wellness credits are NOT provided for participation in the AtlantiCare in Action group.

What do I do if my Fitbit breaks or I have technical issues?

Visit the Fitbit help page at www.help.fitbit.com. Health Engagement will not be responsible for devices.

Is my personal information visible to group members?

It is up to you to determine how much information you share with others by adjusting your Fitbit profile settings according to your preferences. Our program does not require you to share any information. You can choose to make your data private, public, or only reveal certain information. There is a section in your profile to adjust your privacy settings. You can access this directly via: www.fitbit.com/user/profile/privacy. Be sure to review your settings and adjust based on your comfort level prior to joining the group. For example, if you wish for only your step count to appear on the leader board, set your step count to "friends only" and all other settings to "private". This will ensure that only your step count is viewable.